

20 Habits of Successful People You Should "Steal"

Success is not accidental. It is hard work, persistence, learning, sacrifice and most of all, love for what you are doing or learning to do. Are you dreaming of a bright future and achieving your goals?

Fulfilled goals, proud faces, and a good salary: every ambitious person wishes to be able to call themselves successful one day. However, success does not come by chance. There is no magic formula for rising to the top. Only the adoption of good habits and the cultivation of determination, persistence, and discipline bear fruit.

There are many books whose main topic is what you will read about below. This includes books such as:

"Think and Grow Rich" by
Napoleon Hill

William H. McRaven's "Make
Your Bed: Little Things That
Can Change Your Life...
and Maybe the World"

"The Alchemist" by Paulo
Coelho .. as well as
numerous others.

All these books, written by exceptional authors, have one thing in common. All of them mention these 20 habits that successful people practice.

So what can you learn from high achievers?
Successful people :



01

HAPPINESS

They don't "run" endlessly for a salary, but for happiness. Money is never enough; it can always be more. Chasing the biggest paycheck is a pursuit that never ends, a goal that will never be met, and a success that will never be achieved. At some point, you have to say "I have enough" so you can focus on what's really important — you, your own happiness, and everything you have around you.

02

IT'S BETTER TO SAY 'NO

They know how to say "no." It's better to say "no" if you can't accomplish a task than to say "yes" and fail to accomplish it. Successful people know this and apply it. They are not afraid to say "no" to unreasonable requests from people around them.

03

HABITS

They are early risers and wake up at the same time every day. Successful people have good sleeping habits: they go to bed early and get up early. They know that the morning is a time they can dedicate to themselves, without the distraction of their phone or computer, and they use it to do something that will bring them a happier and more productive day — exercise, reading a book, spending time with the kids, going for a walk...

04

FOCUS

They focus on being productive, not just working. The rule "Work smarter, not harder" is not just a cliché. Successful people do not go to work just to work, but to make the most productive use of their time. Focusing is crucial.

05



NO COMPARISONS

They do not compare themselves with others and do not envy their successes. Instead, they focus on their own goals. Successful people know that every person is different and that everyone has their own path to follow.

06



SACRIFICE

They often make sacrifices. The road to success is not paved with a red carpet. Ambitious people often sacrifice their own interests or things they love in order to have time to pursue their goals.

07



MISTAKES

They learn from other people's mistakes before making them themselves.

08



FAILURE -> LESSONS LEARNED

They see failure as part of a great journey. Everyone faces failure at some point in their life, but while some give up, the successful keep trying. They learn from their mistakes so they don't repeat them in the future. You won't hear them talk about the past using terms like "mistake" and "failure," but rather "lessons learned."

09



BALANCE

Balance between personal and professional life. You cannot consider yourself successful if you work non-stop, neglecting your family. Successful people constantly make adjustments in order to find a balance between different areas of life.

10



VISION

They learn from what they once were and focus on what they want to be.

11



OBSTACLES -> OPPORTUNITIES

They see obstacles as opportunities and are willing to take risks. "Don't go where the road leads; go instead where there is no road and leave a trail."—Ralph Waldo Emerson. Successful people rarely play it safe and more often choose the path that others do not dare to tread. They have clear goals and do not allow unforeseen challenges to prevent them from achieving them. On the contrary, they see them as opportunities that should be used.

12



ENVIRONMENT

They choose to be surrounded by successful people. The environment has the power to inspire you to do great deeds or discourage you. It is difficult to be successful if you are surrounded by unmotivated, unambitious, boring, and uninterested people. Instead, choose to be with honest and ambitious people who take initiative.

13



NO EXCUSES

They don't complain. They never see themselves as victims because they know that will only bring them negative energy and make them unproductive. You will not hear them complaining that something prevented them from achieving their goal. You will not hear excuses from them. You will recognize successful people by the fact that they are constantly moving forward, knowing that only this will bring them success.

14 ————— POSITIVE ATTITUDE

They accept constructive criticism and ignore hateful words. You can't learn if you don't want to listen. Successful people understand how to listen to advice and then decide which ones to follow (constructive ones) and which ones to forget (negative ones). Successful people know the importance of self-belief when the world is full of people trying to stop them from walking their path.

15 ————— PLAN TASKS

They do not leave tasks unfinished. "What is not written down will not be fulfilled"—successful people write their goals in a detailed plan and always fulfill them. Let go of long-term goals and set small daily goals that you can accomplish.

16 ————— INTUITIVE

They trust their heart and intuition. They do not underestimate their intuition because they know that it is the result of their experience, the way they reacted in previous similar situations. They know how to withdraw even when their reason tells them "yes," but intuition says the opposite.

17 ————— TIMEOUT

They take breaks. To make important decisions, you need a cool head. Even the most successful people admit that the many calls and meetings have their consequences, so disconnecting from the world, even for an hour, helps them regain their sober opinion.

18 ——— ACCEPT

They accept what they can't change. Successful people know that there are things they cannot change and accept them. They are aware that if they try to do the opposite, they will only add negative energy to the situation and still not move the mountain.

19 ——— RESPONSIBLE

They fulfill their promises. All that matters at the end of the day is your reputation and the trust others place in you. Success is built on relationships based on trust, and people who live with it every day constantly show the people around them that they can trust them.

20 ——— GRATITUDE

They are regularly reminded of the things that make them happy. How many people do you know who have a wonderful life, but all they do is complain about the things they don't have? Successful people do the exact opposite. They know how lucky they are and regularly remind themselves of what makes them happy. Write down three things you are grateful for and it will instantly turn your brain on to the positive thinking option.



SOFIJA ILIEVSKA